



策劃及捐助 Initiated and funded by



齡活就業新里程 New Employment Journey for Senior Citizens

主辦 Organised by

計劃主要元素 Key components

為中年人士提供職業輔導服務和訓練計劃去鼓勵 他們重投職場,及推廣長者及年齡友善就業給僱主和 公眾。

To provide career counselling services, training programmes to empower those middle age to re-enter the job market and promote age-friendly employment to employer and mass public.

齢活求職錦囊

Age-friendly Job Seeking Tips

為長者提供訓練以提升他們尋找工作的自信。

Provide training to older people to enhance their confidence in job seeking.





齡活就業課程及實習計劃 Age-friendly Employment and Internship Programmes

為長者提供職業訓練及實習機會 讓他們增加自信及獲聘機會。 Provide vocational training and

internship opportunities to older people to boost their confidence and increase the chance of employment.



齡活就業博覽會 Age-friendly Job Fair

作為長者了解僱主期望的平台,並可藉此獲取工作機會及參與專題 工作坊。

Serves as a platform for elderly to deepen their understanding on employers' expectations, gain job opportunities and attend thematic workshops.





推行日期:2017年2月-2017年6月 Implementation date: February 2017 – June 2017

長者及年齡友善社區範疇 Domains of Age-friendly City







信息交流 Communication & Information