

主辦 Organised by



耆頤安居滿愛深

Care for the Elderly, Co-construct Our Community

計劃主要元素包括

Key components of the programme are

本計劃以改善區內長者居住環境、提高生活質素、並推動公民參與及就業為主題，向區內有需要的長者進行小型家居改善/ 滅蟲工程等。此計劃由鄰舍輔導會深水埗康齡社區服務中心、明愛鄭承峰長者社區中心(深水埗) 及 耆色園主辦可健耆英地區中心合辦。

The programme aims to create age-friendly living environment, enhance the quality of life and promote social participation and employment as main theme and also to provide minor home improvement / bedbug control service to the older people in need. The programme is co-organised by The Neighbourhood Advice-Action Council Shamshui Po District Elderly Community Centre, Caritas Cheng Shing Fung District Elderly Centre (Sham Shui Po), and Sik Sik Yuen Ho Kin District Community Centre for Senior Citizens.

「耆頤安居」長者家居改善計劃

Home Improvement Project for Older People

計劃培訓「齡活大使」及地區義工為深水埗區長者進行簡易的家居安全風險和環境衛生評估，並作出家居改善服務。

AFC ambassadors and volunteers conducted home visits for older people to evaluate the risk of home safety and the assessment of hygiene condition then to provide home improvement services if needed.





賽馬會齡活城市
Jockey Club Age-friendly City

「耆頤安居」社區友善計劃 Community Friendly Project

對社區內缺乏支援的長者，舉辦提升身心健康的活動，包括邀請註冊營養師及醫護進行講座和設立街站，講解實踐長者及年齡友善城市的方法，從而營造長者及年齡友善的社區環境。

Activities for enhancing the physical and mental wellness are organised to the older people who are lacking of social support in the district. Registered dietitians and medical professionals are engaged to share about the ways in practicing the age-friendly city concept thus to build an age-friendly community environment.

「耆頤安居」好師傅 / 好幫手計劃 Good Master / Good Helper Project

為有意工作長者（好師傅）提供培訓及就業服務，協助缺乏支援及有需要的長者改善家居環境。

Training and employment service are provided to the older people who are interested to work and also to help those in need and without support to improve the home environment.

推行日期：2019年7月-2020年3月
Implementation date: July 2019 – March 2020



長者及年齡友善社區範疇 Domains of Age-friendly City



房屋
Housing



社區與健康服務
Community Support
& Health Services



公民參與和就業
Civic Participation
& Employment

