

# 葵青區

## Kwai Tsing District



賽馬會齡活城市  
Jockey Club Age-friendly City



策劃及捐助 Initiated and funded by  
香港賽馬會慈善信託基金  
The Hong Kong Jockey Club Charities Trust

### 活齡活現長者友善 社區計劃

## 3E Age-friendly Community Project

主辦 Organised by



香港耆康老人福利會  
The Hong Kong Society for the Aged

### 計劃主要元素

#### Key components

為長者及認知障礙症患者提供安老的支援空間及透過提升室內空間和建築的長者及年齡友善程度從而改善他們的身心。

To provide a supportive place for older people and dementia patients to age well and improve their well-being by enhancing age-friendliness outdoor spaces and building.

### 大使培訓

#### Ambassadors Training

培訓義工成為齡活大使及教授認知障礙症的溝通技巧。

Train volunteer to be AFC ambassador and provide communication skills training in dementia care.



## 收集長者意見

### Collecting Opinions from Older People

帶領齡活大使去整合調查結果及地區內需要關注的長者及年齡友善設施，並向政府部門提出相關意見。

Lead AFC ambassador to consolidate findings and concern areas of the age-friendly facilities in the district and make respective recommendations to share with government departments.



## 社區教育講座

### Community Education Programme

舉辦社區講座及活動去喚起公眾關注及鼓勵社區參與建構成為長者及年齡友善城市。

Organise community talks and activities to arouse public awareness and encourage community participation in building age-friendly city.

推行日期：2018年4月- 2018年10月

Implementation date: April 2018 – October 2018

## 長者及年齡友善社區範疇

### Domains of Age-friendly City



室外空間和建築  
Outdoor Spaces  
& Buildings

